

FERN LACE SOCKIES

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Purple Tomato Designs



This is a simple toe-up sock pattern based on the Shetland Islands traditional Fern Lace pattern. Knit in DK weight yarn, it is a toasty warm, feminine sock with an organic motif and a quick knit, with only [40,40,40,42,48] stitches per round.

Gauge: 5 1/2-6 st /7 to 8 rows per inch on size 4-5(3.5-3.75 mm)

Yarn Weight: DK yarn, approximately 100 gm/236 yds

Sizes: [XS,S,M,L,XL] – [6 1/4", 7", 8", 8.5", 9"] long foot.

The sample socks were knit in Knitpicks' Swish DK in Persimmon Heather on size 5 needles in size L.

Skills:

Provisional Cast On:

The easiest method that I've found is to do a long-tail cast-on with the waste-yarn as the strand wrapped over the thumb. There's an excellent tutorial by Theresa Vinson Stenerson on this method at <http://www.knitty.com/ISSUEfall05/FEATfall05TT.html>.

S2KP:

Slip two stitches purlwise, then knit the third stitch. Pull both of the slipped stitches over the knitted stitch. This creates a thick cable-like effect.

Wrap and turn (WT):

With the yarn held behind the work, slip the needle purlwise into the stitch to be wrapped. Slip the stitch onto the right-hand needle, pull the yarn to the front of the work. Slip the stitch back onto the left-hand needle. The stitch should now look "wrapped". Turn work and work next row in pattern.

Work wrap (WW):

Insert your needle into the wrap and then into the stitch. Knit or purl (according to pattern) the wrap and the stitch together. If this is done successfully, the wrap should be invisible from the RS of the work.

Motif:

Fern Lace Pattern [XS,S,M]

Rnd 1: K2, YO, K1, YO, K3, S2KP, K
Rnd 2: K all
Rnd 3: K1, YO, K1, YO, K3, S2KP, K2
Rnd 4: K all
Rnd 5: YO, K1, YO, K3, S2KP, K3
Rnd 6: K all
Rnd 7: K1, YO, K1, YO, K3, S2KP, K2
Rnd 8: K all
Rnd 9: K2, YO, K1, YO, K3, S2KP, K
Rnd 10: K all
Rnd 11: K3, YO, K1, YO, K3, S2KP
Rnd 12: K all

Fern Lace Pattern [L]

Rnd 1: K3, YO, K1, YO, K3, S2KP, K
Rnd 2: K all
Rnd 3: K2, YO, K1, YO, K3, S2KP, K2
Rnd 4: K all
Rnd 5: K1, YO, K1, YO, K3, S2KP, K3
Rnd 6: K all
Rnd 7: K2, YO, K1, YO, K3, S2KP, K2
Rnd 8: K all
Rnd 9: K3, YO, K1, YO, K3, S2KP, K
Rnd 10: K all
Rnd 11: K4, YO, K1, YO, K3, S2KP
Rnd 12: K all

Fern Lace Pattern [XL]

Rnd 1: K3, YO, K1, YO, K3, S2KP, K2
Rnd 2: K all
Rnd 3: K2, YO, K1, YO, K3, S2KP, K3
Rnd 4: K all
Rnd 5: K1, YO, K1, YO, K3, S2KP, K4
Rnd 6: K all
Rnd 7: K2, YO, K1, YO, K3, S2KP, K3
Rnd 8: K all
Rnd 9: K3, YO, K1, YO, K3, S2KP, K2
Rnd 10: K all
Rnd 11: K4, YO, K1, YO, K3, S2KP, K1
Rnd 12: K all



Pattern:

Toe

Using a provisional cast-on, cast on [20,20,20,22,24] stitches onto one needle.

Row 1 (WS): P all, turn.

Row 2 (RS): K[18,18,18,20,22], WT

Row 3 (WS): P[16,16,16,18,20], WT

Row 4 (RS): K to 1 stitch before last wrapped stitch, WT

Row 5 (WS): P to 1 stitch before last wrapped stitch, WT

Repeat rows 4,5 until there are [8,10,10,10,10] unwrapped stitches, ending on a WS row.

Row 1: K to next wrapped stitch, WW

Row 2: P to next wrapped stitch, WW

Repeat rows 1,2 until all stitches are unwrapped.

Row 1: K to last stitch, WT

Row 2: P to last stitch, WT

Foot

Remove the waste yarn from the provisional cast-on and place [20,20,20,22,24] stitches evenly on 2 needles.

Row 1: K across [19,19,19,21,23] stitches, WW. K[20,20,20,22,24] to end of round. If desired, place a marker at start of next row.

Row 2: WW first stitch, K all remaining stitches.

Work in stockinette on next [20,20,20,22,24] sole stitches and in Fern Lace pattern [2x] across the instep until foot measures [6 1/4", 7", 8", 8.5", 9") from toe or desired length.

Heel

Work same as toe, beginning with Row 2 over [20,20,20,22,24] stitches of sole.

Leg

Row 1: K [19,19,19,21,23], WW. Knit the remaining [20,20,20,22,24] stitches Fern Lace pattern.
Row 2: WW, K[19,19,19,21,23], then pick up Fern Lace pattern across the [20,20,20,22,24] instep stitches.

Row 3: K[20,20,20,22,24] of sole and cont in Fern Lace pattern

Repeat Row 3 until leg measures [6", 6", 6", 8", 8"] or desired length.

Cuff

[XS,S,M]

Row 1: K all

Row 2: *K8, M1, rep from * - 45 stitches

Row 3: *K4, P1, rep from *

Repeat Row 3 until work measures 1.5" or desired length. Bind off loosely, using a larger sized needle.

[L]

Row 1: K all

Row 2: * K4, M1, rep from * - 55 st

Row 3: * K4, P1, rep from *

Repeat Row 3 until work measures 1.5" or desired length. Bind off loosely, using a larger sized needle.

[XL]

Row 1: K all

Row 2: *K4,M1, rep from * - 60 st

Row 3: *K4,P1, rep from *

Repeat Row 3 until work measures 1.5" or desired length. Bind off loosely, using a larger sized needle.

